

NORTHERN IOWA

INTRAMURAL SPORTS

HOT SHOT, FREE THROW & 3 POINT CONTEST

WOMEN - MEN

Singles * Doubles * Co-Rec

Tuesday, February 28 or Wednesday, March 1
WRC south courts 7:00p, registration and start
(participation point event)

Participation in the intramural sports program is on a voluntary basis, neither the university nor Wellness and Recreation Services will accept responsibility for injuries/death sustained while participating in the program.

Format: An individual shoots once for each activity with score counting towards singles and combined with a designated partner (s) score for doubles and/or co-rec scoring. Partner is designated at registration; ALL PARTICIPANTS REGISTERING MUST SIGN-UP WITH A PARTNER.

IM Championship T-shirts to the men and women champions in each activity, plus doubles champions in Men's, women's, and co-rec divisions.

Registration: Starts at 7:00 pm and goes till 9:30pm each night Tuesday, February 28 or Wednesday, March 1. Four baskets will be used and contestant may shoot once they are registered and there is an available court.

Contest Date: Tuesday, February 28 or Wednesday, March 1, 7:00 pm registration and start

Location: WRC south courts

Intramural ID Policy: A valid UNI ID card must be presented to IM supervisor or staff prior to contest.

Rules and Scoring:

Hot shot: (timed event)

There will be 5 (1-5) different locations on the floor. You must shoot in numerical order. You can't move to the next spot until you've made the shot at the previous spot. Clock starts when you begin at # 1 and is stopped when your shot at #5 is made. Rebound your own ball and partner is needed only if competing in doubles or corec. Combine times for doubles.

Free Throw: (no time limit)

Each partner will have 25 shots at the free throw line for a total number of made baskets out of 25, feet must be behind and cannot come into contact with the free throw line. Combined shots for doubles.

3 - Point contest: (no time limit)

Each partner will have 5 shots from 5 different locations on the 3 point line, for a total of 25. Feet must be behind and cannot come in contact with the 3-point line. Combined shots for doubles.

All participants must use a ball provided by the IM program and a valid UNI ID must be presented to the IM staff at registration.

INDIVIDUAL/DUAL EVENT

individual/dual event individual/dual event individual/dual event individual/dual event individual/dual event

individual/dual event individual/dual event individual/dual event individual/dual event