

Minutes of Sept. 22 WRS Advisory Committee Meeting:

Welcome to new members Theresa Kouri and Scott Behrends! Others present: Billie Patterson, Susan Roberts-Dobie, JoAnn Wolfe, Tom Riedmiller, Tony Smothers, Tim Klatt, Chris Denison, Kathy Green

1. Introductions and review of committee purpose and expectations
2. Discussion of committee membership and need for student involvement. Kathy will check with current students to determine who plans to return. We may need to recruit student members.
3. Summary of last year's participation numbers and this year's WRS goals. Dana Foster will be invited to next month's meeting to brainstorm with us ideas for rebuilding participation numbers in fitness classes both for students and employees.
4. Hot Topics:
  - Mandatory Student Rec Fee proposal going to Board of Regents this fall: \$35/year. This is about double what students currently pay but will cover utility charges, student wages for new free weight room hours, and hopefully other additional facility hours as well. Students will be surveyed this fall by a research class.
  - Employee Wellness expanded services including the provision of nicotine replacement therapy for smoking cessation class participants, free blood screenings, health risk appraisal, subsidy for educational materials. Additional disease management programs may be added later. We will discuss at next month's meeting how to effectively encourage faculty and staff to take advantage of the HRA and other services.
  - Sustainability: Chris reported on the various activities WRS has initiated to conserve energy/resources and facilitate recycling in the WRC.
  - Facilities: Chris reported on WRc construction projects, the West Campus Plan and other general issues.
5. November meeting: Mark Rowe will be invited to share interesting data from the Amer. College Health Association student health survey conducted last spring.

Things to think about for next meeting (Oct. 27, same place/time): ways to effectively market WRS programs in general and the fitness classes and employee services in particular. Also, never hesitate to call our attention to customer service or programming issues, web site or info-phone line errors, etc.

Thanks for you attendance and participation today!

kathy