

# Motivation & Emotion--PSY 3502-01

Spring 2018

Dr. Kim MacLin

**TH 1230-145 Sabin 15**

[http://www.psychologicalscience.com/motivation\\_emotion/](http://www.psychologicalscience.com/motivation_emotion/)

## **Me:**

My office is in Bartlett 2066.

The best way to reach me is through email: [kim.maclin@uni.edu](mailto:kim.maclin@uni.edu). I don't recommend leaving me a voicemail.

Please join my virtual office hours: <https://www.facebook.com/groups/1431101947188233/>

In person office hours: Wed 12-3pm

Or email for appointment

## **Course Description:**

In this course you will investigate the major factors underlying human actions. What moves us into action? What gives behavior energy and direction? This course focuses on "why." Why is it that people behave the way they do? We will cover the major areas that motivate our behavior including genetic and environmental influences, pleasure and need seeking, the role of personality in motivation and how goals, incentives and emotions influence our behavior. Being an upper level course, my expectation is that you will read the chapters, pay attention and participate in class, and put concerted effort into the writing assignments. In other words, I'm expecting you to be motivated! In order to encourage you to behave in this way, I will strive to create an interesting, engaging and maybe even fun environment. Your work will be evaluated by me and the TAs, and you will be rewarded accordingly (with points!).

## **Hybrid Class Format:**

Reliable access to the internet is required. You should not expect that you will be able to do the assignments on your phone. All assignments have due dates. Assignments will be posted on the blog site ([http://www.psychologicalscience.com/motivation\\_emotion/](http://www.psychologicalscience.com/motivation_emotion/)). Your grades will be posted on eLearning.

## **Class Participation:**

There is extra credit quizzing every class period (Thursdays); occasionally attendance (for points) will be taken.

## **Required Materials:**

Keeping costs down for students is important to me. I use an older (but still very good) textbook; the book report books are inexpensive since they are not texts; and the movies are all available in streaming services you may already belong to or for a small cost to rent.

- Reeve, **5<sup>th</sup> edition**, *Motivation and Emotion*.
- 1 book for your book analysis: *Talent is Overrated*, *The Happiness Project*, *The Long Walk*, *Wild*
- Access to these movies: *Teen Dreams*, *Cast Away*, *Dope*, *Extremely Loud & Incredibly Close*, *They Meyerowitz Stories*, *The Pursuit of Happiness*, *Into the Wild*, *Wild*, *Boyhood*, *Spotlight*, *Billy Elliot*

## **Movies:**

There are several ways for you to access the movies needed for this course.

- 1) Purchase them used from Amazon.com (each movie we will be watching is available used on Amazon for under \$5 a piece, with many being only around \$1 or \$2!)
- 2) Access the movies through Netflix ([www.netflix.com](http://www.netflix.com)). There is a monthly fee.
- 3) Rely on local video stores, RedBox, and libraries. This is probably the least desirable option as only one or two copies will be available at each location with no guarantee that they will be available to you when you need it.
- 4) I have a copy of each movie we will see. If you really get stuck for a particular movie, you can check it out from me (of course, first come, first serve).
- 5) *Teen Dreams* is a documentary (not a feature film) and is available in segments here:

Part one: [https://www.youtube.com/watch?v=gT9g0\\_42-r0](https://www.youtube.com/watch?v=gT9g0_42-r0)

Part two: <https://www.youtube.com/watch?v=Szl4D2Z-MvY>

Part three: <https://www.youtube.com/watch?v=ltJXmjcxCyg>

The overall cost for purchasing or renting these movies (in whichever way you choose to do it) is far less than the average textbook needed for a course, plus, you might actually enjoy having these around. You are certainly welcome to watch movies with groups and/or otherwise find creative ways to share the cost with your fellow classmates. It is not acceptable that you rely on memory (if you have seen a particular movie before) or rely on synopses or summaries of the movie available online. These will be considered cheating behaviors.

### **Blogging:**

You will blog at [http://www.psychologicalscience.com/motivation\\_emotion](http://www.psychologicalscience.com/motivation_emotion)

### **Grading your Blogging:**

Blogs are due by 1159pm on Tuesdays and Thursdays (see course calendar). There is NO late work accepted. Assignments are worth 10pts each and should be about 500 words.

10: Answered all questions, gave in depth summary with examples, provided terms, and wowed us with your writing and intellectual prowess!

9: Answered all questions, gave in depth summary w/examples, provided terms

8: Answered most of the questions, provided summary, gave terms

7: Gave summary, not as much detail

6: did not provide enough information, or inaccurate information.

5 and below: probably too brief, or inaccurate.

0: not turned in; or late

### **Book Analysis:**

You are required to write a book analysis for this course. The book analysis is worth 100 points, and about 2000 words long. You will be submitting your book analysis to [www.turnitin.com](http://www.turnitin.com) where I will verify that your work has not been plagiarized. You will also turn in an identical hard copy to me on the day that it is due. There are important guidelines for writing the book report on the blog site under the course resources tab. Given that you choose your own deadline, no late book reports are accepted. You may change your book report deadline with 2 weeks notice.

### **Motivation Toward a Goal Report:**

This report (worth 50 points), will build on 2 regularly graded assignments (Motivation Toward a Goal post in week 2, and Your Goal in week 8), along with all of your collective knowledge gained in the course. You should of course not simply copy and paste those assignments, but rather use them as a basis for exploring your motivation (from a scientific perspective) to your particular goal. It is a hard copy report (about 5 pages, double spaced) due at the final.

### **Extra Credit Daily Quizzing:**

Optional, stand up, live daily quizzing (5pts per day possible)

### **Last Psychologist Standing:**

Exactly like the extra credit quizzing, but not extra credit (worth 50 pts)

### **Grades:**

No plusses or minuses; no curve. You get the grade according to the points you earn. 89.5% is an A, etc.

Tuesday Blogs 14 @ 10 pts each = 140 pts

Thursday Blogs 13 @ 10 pts each = 130 pts  
1 book analysis @ 100 pts=100 pts  
1 Motivation Toward a Goal report @ 50 pts=50pts  
Final (movie analysis) 100 pts  
Last Psychologist Standing 50 pts  
Graduate Students: 1 essay 100 pts  
Extra credit points (variable)  
Attendance points (variable)  
TOTAL points = 570 points (670 if you are a grad student)

**Cheating & Plagiarism:** DON'T CHEAT! Cheating is any sort of activity that results in you turning in work where you are not the SOLE contributor and developer of the ideas. Writing blog posts or homework assignments based on summaries of articles or movies (instead of actually reading chapters and viewing the movies) is cheating. Copying and pasting ANY content from other people's blog posts (from this semester or others) IS cheating. You are bound to the University's [ethics policies](#). I will be using Turnitin.com to screen book reports.

**If you have a disability that could affect your performance in this class:** UNI is committed to equal opportunity in education for all students, including those with documented physical disabilities or documented learning disabilities. Please address any special needs or special accommodations with me at the beginning of the semester or as soon as you become aware of your needs. Those seeking accommodations based on disabilities should obtain a Student Academic Accommodation Request (SAAR) form from Student Disability Services (SDS) (phone 319-273-2677). SDS is located on the top floor of the Student Health Center, Room 103.

**If you have University sponsored obligations that require you to miss class:** It is your responsibility to contact me during the first week of class to let me know of your obligations throughout the semester. As soon as you receive your paperwork detailing out the days you will miss class, please provide me with a copy for my files. It is STILL your responsibility, however, to remind me by email at least a day before you are going to miss a class due to your approved obligations, so that we can arrange for any work you might miss. It is your responsibility to ensure that you get makeup assignments from me immediately upon your return. You will need to get class notes from a fellow student.

**Student Services:** I encourage you to utilize the Academic Learning Center's free assistance with writing, math, science, college reading, and learning strategies. UNI's Academic Learning Center, located in 007/008 ITTC, also provides advising services and is the University's testing center for many standardized tests, including the PLT, GRE, and Praxis Core. Visit the website at <http://www.uni.edu/unialc/> or call [\(319\) 273-6023](tel:319-273-6023) for more information or to set up an appointment.