



Social Psychology & Law Research Group

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GRE Preparation Guide

Tips:

- Plan to take the GRE and Psychology Subject test twice
- Study for the subject test out of a comprehensive Intro text book (like Gleitman, Zimbardo, or Myers)
- Study by taking practice tests (recreate the test taking environment)
- Use what we know from research on memory!
 - Elaborative rehearsal
 - Distributed practice
 - Pitfalls of recency and primacy effect (and ways to remedy)
 - Mnemonic devices
- Use what we know about anxiety and stress
 - Practice relaxation techniques well before the exam
 - Get several good nights' sleep prior to the exam
 - Eat well and don't over use caffeine

On-Line Resources

<http://www.gre.org> click on 'students and test takers' to get access to free practice tests, free study software and more

<http://education.vsnl.com/greguide/> for engineering students, but still a lot of useful information, including downloadable practice software

<http://www.ets.org/> includes practice test questions

<http://www.studentmarket.com/gresoftware.html> \$29.95 gre preparation software

<http://www.800score.com/> 5 GRE sample tests in the computer adapted test format (the only way you are allowed to take the GRE nowadays)