



ISO NEWSLETTER

February 1, 2008

FEBRUARY EVENTS

Upcoming events:

- NORTHERN FESTIVAL OF BANDS, GBPAC—02/07
- HAWKEYE CELEBRATES THE ARTS: MAGIC OF LYN, Hawkeye Community College—02/07
- THE CRUCIBLE, Strayer Wood Theatre—02/07-02/10
- MISS CEDAR RIVER, College Square Mall—02/09
- TOSCA, GBPAC—02/18
- THE MAGIC FLUTE, GBPAC—02/23

ISA VALENTINE'S DANCE

Friday, February 15, 7-11 pm

Maucker Union Ballroom

Bring as many friends as you would like to enjoy some cookie decorating, dancing, door prizes, snacks and drinks, all for FREE!!!

ISA need volunteers to come help decorate and plan this great event.

Important meeting: Monday February 11th at the Maucker Union (behind Chats). Please be there!



CHINESE NEW YEAR

Sunday, February 10, 2pm—6 pm

Celebrate Chinese New Year with other students. The event is free for students and faculty! Enjoy Chinese culture exhibition at 2 pm in Central Ballroom followed by the performance. Try Chinese traditional food at 5 pm in CME.

The event is sponsored by NISG, CME and NICA. Contact emmagyl@uni.edu for more information.

BIRTHDAY OF THE MONTH

Wednesday, February 13, 6.30 pm at ISO

Join international students and celebrate

February birthdays. Enjoy delicious Japanese food!

Sign up at ISO or via email by Friday, February 8.



WEATHER TIPS

For your wardrobe:

- Select a good coat: North Face, Columbia are the best brands!
- Buy high-quality hats, scarves and gloves. For example, instead of buying fleece gloves, buy gortex gloves!
- Use under armor (1.0 or 2.0



armor for activity, and 3.0 armor for staying outside for a long time)

For your car:

- Warm up your car before driving
- Keep your gas tank above half full. Buy liquid heat to keep the water out
- Check behind your tires for snow and ice build-up
- Go to a car wash to wash the salt out
- Check the spare tire and make sure you have air in it.
- Check the windshield washer fluid
- Check tire pressure
- Don't use cruise control in the winter, it's better to have control
- Keep a survival kit complete with a blanket, food, gas money, flashlight and a candle with a cup

For your health:

Be aware of cold and infections!

- Dress appropriately. Wear layers when you can. Wear hats, mittens and waterproof as well as insulated boots.
- Keep humidity level up at home or in your dorm, dry air may make your skin crack which allows for the cold virus to enter
- Be aware of skin exposure following an exercise routine and alcohol consumption
- Remember to wear eye protection to block our ultraviolet rays
- Warm up your body core with hot beverages
- Cover your mouth and nose when you sneeze or cough
- Stay at home when you are sick

Full article in Northern Iowan

NISG ELECTIONS COMING

Campaigning for the NISG General Elections is now underway. Positions open include:

President
 Vice-President
 On-Campus At-Large Senators
 Off-Campus Senators
 College Senators
 Residence Hall/ University APTS. Senators

Applications can be picked up in the NISG Office on the top level of the Maucker Union.

You can vote on MyUNiverse from 8:00AM, Tuesday, February 26. The Senate is made up of students from Off-Campus, On-Campus, University At-Large, and the various College (i.e., CNS, CSBS, COB, COE, CHAFA, and the Graduate College).

If you have any comments, questions, or concerns, please feel free to contact Jennifer Younie at any time (jyounie@uni.edu).

STUDENT OF THE MONTH

Gleidson Gouveia



Gleidson got married on Wednesday, January 16. Congratulations and best wishes of happiness to him and his wife Jacqueline!

On-campus activities: I take a Master of Arts program in English, Literature emphasis. I am also a teaching assistant at CIEP, where I teach two classes. Right now I am taking a speed-reading class and I want to start doing some volunteer work on campus (teaching Portuguese).

What is your favorite US food? I don't think I have a favorite US food. What I like about here is that even in a small town such as Cedar Falls you can find restaurants from many different nationalities.

What are your free time activities? I go to the WRC/Health Beat almost everyday. I either work out, jog or swim. I also enjoy watching movies and reading short stories when I have some free time.

What is your unique aspect? I am a big dreamer and I think that my dreams direct my life. When I have a dream, I really believe that it will come true. When I want something, I put all my energies on it and I work hard until I can see it happening.

What do you like about the USA in general and UNI in particular? I like the fact that technology is cheap and accessible in the US. I also like the fact that universities have wonderful facilities. At UNI, I am really satisfied with my professors. I like the fact that they are all accessible, understanding, well-prepared and they seem to care.

Brazil



Brazil, officially the Federative Republic of Brazil, is a country in South America. It is the fifth-largest country by geographical area, the fifth most populous country, and the fourth most populous democracy in the world. Catholicism is the predominant religion. Brazil is a multicultural and multi-ethnic society. Italian, German and other European immigrants came in large numbers and their influences are felt closer to the Southeast and South of Brazil. Amerindian peoples influenced Brazil's language and cuisine and the Africans, brought to Brazil as slaves, influenced Brazil's music, dance, cuisine, religion and language. Brazilian Carnival is an annual celebration held 40 days before Easter and marks the beginning of Lent.

Capital - Brasilia

Language - Portuguese

Government - Presidential Federal Republic

Population (2007) - 183, 888, 841

Currency - Real