

Name: _____

COUNSELING PROGRAM EXIT REQUIREMENTS

REQUIREMENT 1: SERVICE OR ADVOCACY REQUIREMENT

Participate in one service or advocacy-related project available within the program.

Date: _____ Signature of faculty member: _____

REQUIREMENT 2: PERSONAL COUNSELING

Attended a minimum of five (5) individual, couple, or family counseling. We encourage you to do this early in the program, it is especially valuable to do it while you are taking Skills. Counseling at the UNI Counseling Center is free. If you go there be aware that if you are in Mental Health Counseling you will be doing practicum at the Counseling Center and some of you may be doing Internship there. This may be important to address with your counselor.

Dates of visits: _____

Signature of counselor: _____ Place of employment: _____

REQUIREMENT 3: GROUP COUNSELING

Attended a combination and minimum of three (3) group experiences: 12-step groups, support, self-help, personal growth, psychoeducational, or a combination of the previous group sessions.

Dates: _____

Signature of group leader(s): _____

Names of agency sponsoring the group: _____

REQUIREMENT 4: PROFESSIONAL DEVELOPMENT CONFERENCE OR WORKSHOP

Attended a professional development conference or workshop.

Name of conference/workshop: _____

Sponsoring agent: _____

Verification of attendance (signature of the sponsor or designee)

_____ Date: _____

REQUIREMENT 5: DIVERSITY

The diversity plan assigned in the multicultural class will be processed and discussed in internship.

REQUIREMENT 6: PROGRAM ORIENTATION

Attend Program Orientation

Date _____ Signature of Faculty Member: _____

REQUIREMENT 7: ABUSE REPORTING SEMINAR

Attend Abuse Reporting Seminar (attach copy of certificate).

REQUIREMENT 8: SUCCESSFUL COMPLETION OF THE RESEARCH PAPER

Upsilon Nu Iota Chapter of Chi Sigma Iota
Counselor Education Research and Scholars Symposium
Poster Presentation Requirements

The graduation requirement is to promote continued professional development as you enter the counseling field. First, you must pick a topic for exploration. **You may use a topic/paper from a class you previously took or pick a new topic.** This project will consist of completing three components all to be in APA format:

1. Write a 150 word abstract which briefly describes your topic
2. A visual poster displaying the main points of your work
3. In APA format a 5 to 15-page paper on white 25% cotton paper

There will be a formal presentation once a year during the spring semester. Copies of the abstract, power point slides, and paper will be turned into main office and will all be bound together and placed in the IRTS Lab for later review by other students. Graduating students are encouraged to meet with their advisors to discuss their topics and plans to meet these expectations. This paper should be submitted to Marlene in SEC 508.

Date

Signature of Faculty Member