

**PHYSICAL EDUCATION MAJOR – WORKSHEET
DECLARED MAJOR – TEACHING
FALL 2000 OR LATER**

Name _____ ID# _____ Major _____

Minor _____ Declaration Date _____

<u>DISCIPLINARY KNOWLEDGE CORE – 21 HOURS:</u>		<u>PLANNED SEMESTER</u>	<u>COMPLETED SEMESTER</u>
+	420:018 Prevention and Care of Injuries to the Physically Active (2)	_____	_____
	420:050 Anatomy of Human Movement (3)	_____	_____
+	420:053 Physical Activity for Health and Fitness (3)	_____	_____
+	420:056 Motor Development and Learning (3)	_____	_____
	420:121 Sociology and Psychology of Physical Activity (2)	_____	_____
+	420:151 Applied Kinesiology (3)	_____	_____
	420:153 Applied Exercise Physiology (3)	_____	_____
	420:162 Foundations of Human Movement Study (2)	_____	_____

<u>PEDAGOGICAL CONTENT – 14 HOURS:</u>			
+ *	420:152 Adapted Physical Education (3)	_____	_____
+ *	420:173 Teaching Methods Block (5)	_____	_____
+ *	420:174 Assessment Processes in Physical Education (3)	_____	_____
+ *	420:176 Administration and Curriculum Development in Physical Education (3)	_____	_____

<u>SKILL AND ACTIVITY CONTENT – 10 HOURS:</u>			
	420:011 Aquatics (1)	_____	_____
	420:013 Dance (2)	_____	_____
	a) Rhythm in Movement, Sport, Dance (1)	_____	_____
	b) Folk, Square and Ballroom Dance (1)	_____	_____
	420:015 Lifetime Activities I (2)	_____	_____
	420:016 Lifetime Activities II (2)	_____	_____
	420:017 Outdoor/Adventure Pursuits (1)	_____	_____
+	420:021 Movement Activities for Children (2)	_____	_____

<u>PROFESSIONAL EDUCATION SEQUENCE – 13-14 HOURS:</u>			
	200:017 Field Experience (1)	_____	_____
	200:030 Dynamics of Human Development (3)	_____	_____
*	200:128 Field Experience (1)	_____	_____
*	200:148 Learning and Instruction in Classroom Contexts (3)	_____	_____
	240:020 Audio-visual Communications (2)	_____	_____
	OR		
	240:031 Educational Media and Classroom Computing (3)	_____	_____
*	260:119 Schools and American Society (3)	_____	_____

+ These courses have corequisites or prerequisites. See the current UNI Bulletin or Physical Education Handbook for specific information.

* Must be admitted to teacher education.

ADDITIONAL TEACHER EDUCATION & UNIVERSITY REQUIREMENTS:

280:140 Special Area + Teaching (12)	_____	_____
280:070 Human Relations (3) (Taken with 280:140)	_____	_____

** Current certification in First Aid & Community CPR are required for assignment to student teach.

Students seeking a teaching endorsement in addition to physical education will be required to complete (220:150) and (250:050).

PRE AND/OR COREQUISITES

420:018	Prerequisite	420:050
420:021	Prerequisite	420:056
	Pre/corequisite	400:008
420:053	Prerequisites	420:050, 440:010
420:056	Pre/corequisite	400:008
420:151	Prerequisite	420:050
420:152	Prerequisite	420:151
	Pre/corequisite	200:128
420:173	Prerequisites	200:148, 420:021, 420:053, 420:056, 420:174, 420:176
420:174	Pre/corequisite	200:148
420:176	Prerequisite	200:148, 420:121, 420:162

UNIVERSITY OF NORTHERN IOWA
School of Health, Physical Education and Leisure Services

COACHING MINOR

Satisfactory completion of the coaching minor qualifies students who become certified teachers for the K-12 coaching endorsement. Students who are not teaching majors will qualify for the Iowa Department of Education coaching authorization. This minor does not qualify the student to teach physical education at any level.

<u>Required</u>	<u>Credit Hours</u>
* 420:018 Prevention and Care of Injuries for the Physically Active	2
420:019 Prevention and Care Laboratory	1
** 420:024 Anatomy and Kinesiology	3
420:025 Conditioning Theory and Practice	2
420:118 Practicum in Coaching (contact Don Erusha)	1
420:122 Psycho-Social Aspects of Competitive Sport	2
420:127 Organization and Administration of Competitive Sports	2
200:030 Dynamics of Human Development	3
	<hr style="width: 100%;"/>
	16 Hours
* Prerequisite or corequisite to 420:019	
** Prerequisite to 420:018	

Electives – 4 hours from:

420:101 Advanced Skill and Coaching Theory – Baseball (F)	2
420:102 Advanced Skill and Coaching Theory – Basketball (F,S)	3
420:104 Advanced Skill and Coaching Theory – Football (S)	3
420:105 Advanced Skill and Coaching Theory – Golf (F odd years)	2
420:107 Advanced Skill and Coaching Theory – Soccer (S)	2
420:108 Advanced Skill and Coaching Theory – Softball (S)	2
420:109 Advanced Skill and Coaching Theory – Swimming (F even years)	2
420:110 Advanced Skill and Coaching Theory – Tennis (F even years)	2
420:111 Advanced Skill and Coaching Theory – Track and Field (F,S)	2
420:112 Advanced Skill and Coaching Theory – Volleyball (F)	2
420:113 Advanced Skill and Coaching Theory – Wrestling (S)	2
	<hr style="width: 100%;"/>
	4-6 Hours

TOTAL 20-22 Hours

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Completion of this program prepares students for careers or further study in physical education or related areas but not for endorsement in K-12 school settings. **To declare this major a student must file an approved program of study with his/her advisor.**

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420:121 Sociology and Psychology of Physical Activity (2)	_____	_____
+ 420:151 Applied Kinesiology (3)	_____	_____
420:153 Applied Exercise Physiology (3)	_____	_____
420:162 Foundations of Human Movement Study (2)	_____	_____

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REQUIRED ELECTIVES – 9 HOURS:

Physical Education:

Minimum of 6 credits from:

420:191 Senior Project (1-6)	_____	_____
420:193 Research Experiences (1-6)	_____	_____
420:194 Senior Thesis (6)	_____	_____
420:197 Internship (1-6)	_____	_____

ELECTIVES – 9 HOURS:

Selected to complement student's interest with the approval of the advisor; 6 hours must be at the 100-level.

_____	_____
_____	_____
_____	_____

PRE AND/OR COREQUISITES:

420:018 Prerequisite	420:050
420:053 Prerequisite	420:050, 440:010
420:056 Pre/corequisite	400:008
420:151 Prerequisite	420:050