

# Menu for the week October 26, 2009

**Monday**      Breakfast:    Eggs in a frame, fruit, & milk  
                  A.M. Snack:    Crackers & milk  
                  Lunch:        Local burger, tater wedges, fruit, & milk  
                  P.M. Snack:    Crackers & milk  
                  Evening:      Crackers & milk

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**Tuesday**     Breakfast:    Cold cereal, fresh fruit, & milk  
                  A.M. Snack:    Crackers & milk  
                  Lunch:        Teryaki beef & rice, vegetables, fruit, & milk  
                  P.M. Snack:    Crackers & milk  
                  Evening:      Crackers & milk

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**Wednesday**    Breakfast:    Waffles, fresh fruit, & milk  
                  A.M. Snack:    Crackers & milk  
                  Lunch:        Beef taco salad, beans & rice, fruit, & milk  
                  P.M. Snack:    French toast sticks & milk  
                  Evening:      French toast sticks & milk

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**Thursday**      Breakfast:    Toast, fresh fruit, & milk  
                  A.M. Snack:    Crackers & milk  
                  Lunch:        Roast beef, mashed potatoes, fruit, & milk  
                  P.M. Snack:    Crackers & milk  
                  Evening:      Crackers & milk

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**Friday**        Breakfast:    Cold cereal, fresh fruit, & milk  
                  A.M. Snack:    Crackers & milk  
                  Lunch:        Sausage pizza, super side salad, fruit, & milk  
                  P.M. Snack:    Crackers & milk