Menu for the week November 2, 2009

Monday	Breakfast:	Oatmeal, fruit, & milk
	A.M. Snack:	Crackers & milk
	Lunch:	Local burger, tater wedges, fruit, & milk
	P.M. Snack:	Crackers & milk
	Evening:	Crackers & milk
Tuesday	Breakfast:	Toast, fresh fruit, & milk
	A.M. Snack:	Crackers & milk
	Lunch:	Teryaki beef & rice, vegetables, fruit, & milk
	P.M. Snack:	Crackers & milk
	Evening:	Crackers & milk
Wednesday	Breakfast:	French toast sticks, fresh fruit, & milk
	A.M. Snack:	Crackers & milk
	Lunch:	Beef taco salad, beans & rice, fruit, & milk
	P.M. Snack:	Cheese, crackers, & water
	Evening:	Cheese, crackers, & water
Thursday	Breakfast:	Cold cereal, fresh fruit, & milk
	A.M. Snack:	Crackers & milk
	Lunch:	Roast beef, mashed potatoes, fruit, & milk
	P.M. Snack:	Crackers & milk
	Evening:	Crackers & milk
Friday	Breakfast:	Bagels, fresh fruit, & milk
	A.M. Snack:	Crackers & milk
	Lunch:	Sausage pizza, super side salad, fruit, & milk
	P.M. Snack:	Tuna, crackers & milk