

Menu for the week of July 14, 2008

Monday Breakfast: Cold cereal, fresh fruit, & milk
 A.M. Snack: Animal crackers & milk
 Lunch: Chicken nuggets, fries, green beans, fresh bananas, whole wheat bread, & milk
 P.M. Snack: Graham crackers & milk
 Evening:

Tuesday Breakfast: Waffles, fresh fruit, & milk
 A.M. Snack: Goldfish & milk
 Lunch: Fish sandwich w/cheese, fries, peas, fresh watermelon, & milk
 P.M. Snack: Fresh fruit salad w/nonfat vanilla yogurt & water
 Evening:

Wednesday Breakfast: Whole wheat toast, fresh fruit, & milk
 A.M. Snack: Vanilla wafers & milk
 Lunch: Submarine sandwich, mashed potatoes & gravy, carrots, fresh strawberries, & milk
 P.M. Snack: Ham & cheese cubes & milk
 Evening:

Thursday Breakfast: Oatmeal, fresh fruit, & milk
 A.M. Snack: Townhouse crackers & milk
 Lunch: Pasta w/meat sauce, mixed vegetables, fresh oranges, whole wheat bread, & milk
 P.M. Snack: Mutligrain crackers & milk
 Evening:

Friday Breakfast: Bagels, fresh fruit, & milk
 A.M. Snack: Graham crackers & milk
 Lunch: Tomato soup, grilled cheese, corn, fresh cantaloupe, & milk
 P.M. Snack: Frozen grapes, goldfish, & water