

HEALTH/ PHYSICAL EDUCATION & LEISURE SERVICES

SELECTED RESOURCES FROM THE UNI CAREER SERVICES LIBRARY (CSL) ***

Opportunities in Recreation and Leisure Careers
Careers for Sports Nuts & Other Athletic Types
Opportunities in Sports and Athletics Careers
Career Opportunities in the Sports Industry
The Sports Internship Book
Careers in Focus: Therapists

Therapists and Allied Health Professionals Career Directory
Health Care Job Explosion! High Growth Health Care Careers and Job Locator
270 Ways to Put Your Talent to Work in the Health Field

***The Career Services Library (CSL) is temporarily relocated in Rod Library, on the north side of the library's main floor near the Career Collection and north stairwell. Please contact [Career Services](#), 319-273-6857, if you have difficulty in finding any of the CSL resources.

UNI LIBRARIES

Use subject or keyword to search the UNI libraries ([Career Services Library](#), [Rod Library](#), etc.) for information on specific occupations. Enter the career field followed by the phrase *vocational guidance*, e.g. *physical education and training vocational guidance* or *leisure vocational guidance*. Other subject terms are: *career development*, *occupations*, *professions*, and *job descriptions*.

SEARCH THE INTERNET

Use search engines or subject directories (www.library.uni.edu/dbandcat/search.shtml) to search the Internet. Use keywords such as the name of the field plus careers or jobs - e.g. *leisure youth careers*, *health promotion careers*, *personal wellness jobs* or *human services jobs*. Look for categories such as *jobs* or *careers* in subject directories available on the Internet.

SELECTED WEB SITES

(NOTE: Links to non-UNI Internet sites are provided for your convenience and do not constitute an endorsement)

EXPLORING CAREERS

UNI Career Services www.uni.edu/careerservices/

Career Exploration Resources www.uni.edu/careerservices/students/explore/careerresources.html

UNI School of Health, Physical Education & Leisure Services (HPELS) www.uni.edu/coe/hpels/

Health Promotion/Education www.worldwidelearn.com/online-education-guide/health-medical/health-promotion-major.htm

Recreation Workers (OHO) stats.bls.gov/oco/ocos058.htm

Careers in Exercise and Fitness exercise.about.com/cs/forprofessionals/a/careers.htm

Leisure/Tourism/Recreation Management www3.ccps.virginia.edu/career_prospects/briefs/P-S/SummaryLeisure.shtml

What is a Certified Therapeutic Recreation Specialist? www.nctrc.org/aboutnctrc.htm#7

Recreational Therapist: Career Information www.atra-tr.org/careerinfo.htm

Sports Careers: Job Profiles www.sportscareers.com/insiders/job_profiles/body_job_profiles.htm

Certified Athletic Trainers (Videos) www.nata.org/student/video/index.htm

Careers: Athletic Trainers www.iseek.org/sv/13000.jsp?id=100013

Careers in Sports Medicine and Exercise Science

hwww.acsm.org/AM/Template.cfm?Section=Search§ion=Brochures&template=/CM/ContentDisplay.cfm&ContentFileID=856

Common Careers in Exercise Science academic.wsc.edu/nss/hhps/careersexsci.htm

Social and Human Services Careers www.bls.gov/oco/ocos059.htm

ASSOCIATIONS/ORGANIZATIONS

National Athletic Trainers' Association www.nata.org/
Aerobics and Fitness Association of America www.afa.com
National Wellness Association www.nationalwellness.org/
National Recreation and Park Association www.nrpa.org
American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) www.aahperd.org/
National Dance Association www.aahperd.org/nda/
National Dance Education Organization (NDEO) www.ndeo.org/
Congress on Research in Dance (CORD) www.cordance.org/
American College Dance Festival Association (ACDFA) www.acdfa.org/
Search for more Associations www.asacenter.org/Directories/AssociationSearch.cfm?navItemNumber=16581

JOB HUNTING

UNI Career Services: Find Employers and Jobs www.uni.edu/careerservices/
UNI CareerLink www.uni.edu/careerservices/careerlink/
UNI Rod Library: Career Related Information and Job Banks www.library.uni.edu/ris/career.shtml
Health Promotion Career Network www.hpcareer.net/
Wellness Connection www.wellnessconnection.com/
Therapeutic Recreation Directory www.recreationtherapy.com
CoolWorks www.coolworks.com/default.asp
Exercisejobs.com www.exercisejobs.com/
Athletic Trainer www.athletictrainer.com/
National Recreation and Park Association: Jobs www.nrpa.org/careerCenter/

POSSIBLE OCCUPATIONS

(Some career options may require advanced degree)

Activities Specialist	Emergency Medical Technician	Physical Therapist
Advertising and Promotions Managers	Exercise Physiologist	Prison Recreation Specialist
Aerobics Instructor	Fitness Consultant	Recreation Specialist
Aquatic Manager	Health Educator	Registered Nurse
Athletic Coach	Health/Fitness Consultant	Rehabilitation Specialist
Athletic Trainer	Home Health Aid	Human Services Director
Camp Director	Human Kinetics Specialist	Spa/Health Club Manager
Cardiovascular Fitness Instructor	Industrial Safety and Health Engineer	Sporting Goods Sales Representative
College Instructor/Professor	Media Relations – Health & Wellness	Sports Agent
Corporate Fitness Instructor	Movement Education Specialist	Sports Medicine Physician
Country Club Manager	Occupational Exercise Scientist	Swimming Pool Manager
Cruise Recreation Director	Park Manager	Wellness Director
Dance Instructor	PE/Sport/Recreation Instructor	Youth Sport Coach
Dietitian	Personal Trainer	Youth/Sport Camp Director
Early Childhood Motor Skills Instructor	Physical Education Teacher	

POSSIBLE WORK SETTINGS

Adult Daycare Centers	Nursing Homes
Advertisement Agencies	Outdoor Recreation Programs
Commercial Recreation	Programs for People with Special Needs
Community Centers	Rehabilitation Centers
Convention Centers	Special Events Companies
Correctional Facilities	Special Olympics
Cruise Lines	Sports Clubs/Clinics
Educational Facilities	Theme Parks
Government Agencies	Travel/Tourism Bureaus
Health and Fitness Clubs	Youth Programs/Services
Hotels/Resorts	
Nonprofit Organizations	

SELECTED ACTION VERBS FOR THE RESUME

Acted	Calculated	Established	Monitored	Reconciled
Actuated	Compiled	Estimated	Netted	Recorded
Adjusted	Completed	Expanded	Oversaw	Reduced
Administered	Composed	Filed	Passed	Researched
Allocated	Computed	Forecasted	Performed	Resolved
Analyzed	Conserved	Generated	Planned	Retrieved
Anticipated	Controlled	Implemented	Posted	Reviewed
Appraised	Corrected	Improved	Prepared	Settled
Assessed	Created	Maintained	Programmed	Supported
Audited	Determined	Managed	Projected	Utilized
Balanced	Developed	Marketed	Provided	Worked
Budgeted	Entered	Measured	Qualified	

UNI CAREER SERVICES • SSC 214 (East Bartlett) • (319) 273-6857 • www.uni.edu/careerservices/
CAREER SERVICES LIBRARY (CSL) • www.uni.edu/careerservices/careerlibrary/
UNIVERSITY OF NORTHERN IOWA • Cedar Falls, IA 50614 • www.uni.edu/

10/07